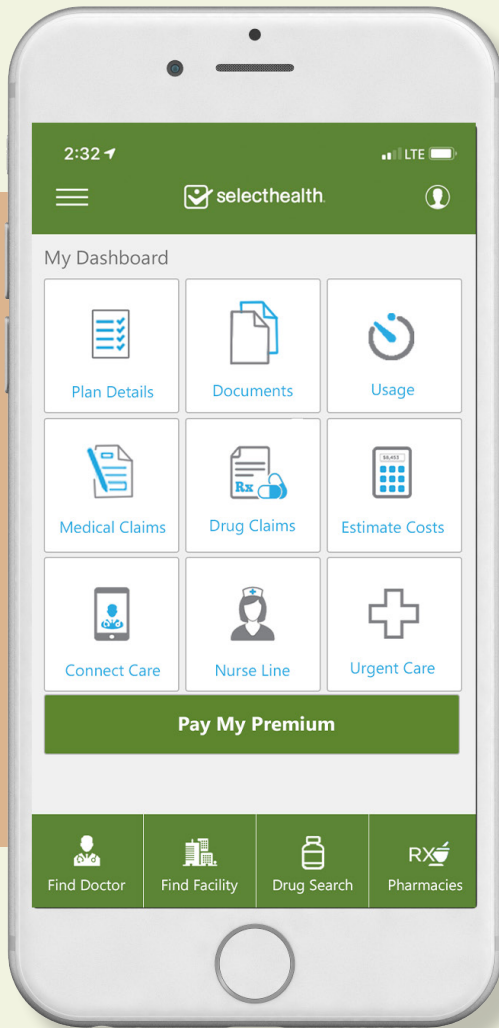


# Top-notch Tech for You

Your secure online member account is your one-stop shop for information about your healthcare. Your member account can be accessed from your mobile device or computer by visiting [selecthealth.org](https://selecthealth.org).



## MEDICAL COST ESTIMATOR

We can estimate the cost of many healthcare services, so that you know what a procedure can cost *before* you schedule it. Log in to your SelectHealth account and click on "Medical Cost Estimator" where you can see bundled cost estimates that include charges for the facility, provider, and anesthesiologist.

## ID CARDS

Lost your ID card? No worries—you can view and print copies of your card from your SelectHealth member account.

## REQUEST A CALL

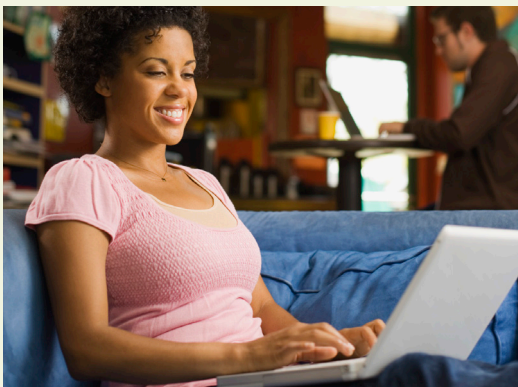
Use our call request feature to schedule a call back from our Member Services team at a set time that's convenient for you.

## CHAT WITH US

No time for a phone call? Use our secure chat feature to talk with Member Services online. If you need to know whether your medication will be covered or how much a doctor's bill was, chat can help.

## HEALTHCARE INFORMATION

View your benefits, claims, and deductible levels.



Many contracted providers and facilities receive secure messages and will even upload lab results, imaging reports, and other health information on your Intermountain Healthcare *My Health+* account. To access information from your providers, click the blue *My Health+* button in the right corner of your SelectHealth dashboard.

